



Vitality Spa Bellavista

WELLNESS PACKAGES - 90 MIN.



Land itinerary - To release physical tensions and mental stress.
20 min. Whirlpool 40 min. Seaweed wrap on Aqa Wood wet-table 30 min. Head & foot massage 20 min. Relax (recommended)

98,00 €



Water itinerary - To drain the excess fluids, swollen legs, cellulite.
30 min. Lymphatic massage 15 min. Whirlpool 40 min. Yin algae body wrap on the AquaWood wet-table 20 min. Relax (recommended)

98,00 €



Wood itinerary - To detoxify and revitalize the body.
20 min. Turkish Bath 25 min. Body Scrub 30 min. Ayurvedic Abhyanga Massage 20 min. Relax (recommended)

98,00 €



Fire itinerary - To balance the emotional states.
20 min. Herb Sauna 30 min. Scented body scrub 30 min. Holistic massage 20 min. Relax (recommended)

98,00 €



Metal itinerary -To alleviate shoulder, neck, respiratory tensions.
20 min. Turkish bath 40 min. Vulcanus body wrap 30 min. Deep Massage 20 min.
Relax (recommended)

98,00 €

MASSAGES

Aroma - Massage - 50 min. Enveloping and relaxing benefits of essential oils are used. Free from stress revitalizing Body and Spirit.	80,00 €
Holistic Massage - 50 min. The combined techniques of stretching, acupressure and deep maneuvers establish a renewed harmony.	80,00 €
Ayurvedic Massage (Abyengam method) - body -70 min Restores body balance, contrasts stress and acts on the lymphatic, nervous and muscular systems.	120,00 €
Ayurvedic Massage (Abyengam method) - Body and face - 85 min.	150,00 €
Deep Massage - 25 min. Slow deep strokes to ease tension and muscle contractures. Perfect after a busy day of physical activity.	55,00 €
Deep Massage - 50 min.	80,00 €
Relaxing Treatment - 25 min. Rhythmic and harmonic movements to alleviate stress and fatigue. It increases body flexibility, stimulates blood circulation and energy flow, producing a sensation of intense vitality.	55,00 €
Relaxing Treatment - 50 min.	80,00 €
Candle Massage - 50 min The heat released relaxes the muscles, nourishes and quenches the skin making it luminous, toned and firm.	80,00 €
Personalized Massage - 50 min. Specific maneuvers for individual needs	90,00 €
Lymphdrainage Massage - 50 min. A light pumping technique: a lymph draining method stimulating the process of a global regeneration, purification and remodeling. Excellent on imperfections as cellulite and water retention.	100,00 €
Face and Scalp Massage - 25 min. A massage with relaxing and energizing techniques to stimulate the microcirculation of the scalp and face.	55,00 €
Leg Drainage Massage - 25 min. Rhythmic, gentle technique with a regenerating gel activates circulation and restores lightness to legs.	55,00 €
Foot reflex Drainage - 25 min. Focuses on stimulating the lymphatic reflexes on the feet favouring the whole body.	55,00 €
Bamboo massage - 50 min. A deep massage is performed with the canes, resulting in a draining, toning and decontracting effect.	80,00 €
Bamboo Massage - 25 min.	55,00 €
Californian Massage - 50 min. Relaxing massage with long, fluid and harmonious movements, resulting in both physical and mental well-being.	80,00 €
Foot reflexology - 25 min. Acupressure technique of the sole of the foot, practiced to relieve tensions present in other parts of the body.	65,00 €

FACIAL TREATMENTS

Face cleaning - 60 min. Steam and essential oils purify and regenerate, restoring natural radiance and compactness.	60,00 €
Moisturizing facial treatment - 60 min. Excellent for cell regeneration, brings natural light, freshness and new vitality to the face.	90,00 €
Anti-age Facial Treatment - 70 min. Regenerating and moisturizing, it restores elasticity and counteracts the formation of wrinkles.	100,00 €
Soothing Treatment - 50 min. The skin is treated with soothing and decongestant products, indicated for skin with rosacea or prone to redness.	80,00 €
Mini facial treatments - 40 min. Delicate cleansing followed by a nourishing mask.	60,00 €

BODY TREATMENTS

Natural ancient treatments

Body treatments with Aqa Wood wet table

Natural scrub with salt and lemon - 25 min. With salt, oil, lemon	55,00 €
Natural scrub with cinnamon - 25 min. Cinnamon, brown sugar, honey, oil	55,00 €
Storo yellow flour natural scrub - 25 min. Storo yellow flour, sweet almond oil and lemon juice	55,00 €
Ubtan Coffee Natural Scrub - 25 min. Oils and coffee - with anti-cellulite properties	55,00 €
Salt Scrub Ten - 25 min.	55,00 €
Leg draining Massage - 50 min. Yin algae pack + Massage	80,00 €
Anti-cellulite Treatment - 50 min. Yang algae pack + Massage	80,00 €
Rituale Aqa Wood - 80 min. Peeling + custom pack + Massage	110,00 €
Hay Bath (bath only) - 30 min Benefits muscle relaxation, lymphatic & blood circulation, immune system and toxin elimination. Indicated for rheumatism, arthritis, sciatica, carpal tunnel. Inadvisable in case of heart disease, acute inflammations, liver & kidney diseases, major skin wounds	80,00 €
Complete Hay Treatment (Bath and massage) - 60 min.	120,00 €

BEAUTICIAN

Hand & Foot Treatments

Esthetic Manicure	25,00 €
Esthetic Pedicure	35,00 €
Curative Pedicure	55,00 €
Solarium trifacial (high pression) - 10 min.	12,00 €
Solar shower (low pression) - 10 min	12,00 €

Depilation - waxing

Partial legs (no groin)	25,00 €
Partial legs + groin	35,00 €
Full legs (no groin)	40,00 €
Full legs + groin	48,00 €
Arms / Groin / Armpits	16,00 €
Moustache	5,00 €
Eyebrows	10,00 €

10% discount will be applied to MORNING appointments for Massages and treatments